

SHAC-School Health Advisory Council Meeting

Monday, November 26, 2018

6:30 pm Educational Service Center

Minutes

1. Old Business:
 - a. Mental Health Programs: Tabled with updates at the next meeting.
Counseling and Mental Health
Vaping in schools
2. New Business:
 - a. Student Nutrition Update: Dawn Lin, Director of Wylie ISD Student Nutrition presented current updates in the department.
HUSSC award status: should hear from USDA by January.
The SN department purchases a lot of Texas grown fruits, bread and milk to use on the menus.
Last year the department earned the "Best of Bunch" award from TDA. The department has applied for the award again this year.
The department has begun to roll out an EPA based program called "Shake, Stack and Share". This program is to help eliminate food and paper waste. The program is gradually rolling out in schools with help from the Lunchroom monitors, custodians and food service staff. There will be a follow-up in February to measure the success to date. The goal is to convert all schools and have a share table at the high schools.
The department has also been involved with Baylor, Scott and White and hosting interns. The current intern is at Dodd Elementary and teaching a nutrition rotation in kindergarten.
 - b. Wellness Program: The policy currently in place complies with all Federal guidelines. The Student Nutrition Department will be having an audit during the next school year.
FitnessGram Report review for 2017-2018: Amy Hillin, RN, Coordinator of Health Services and Achieve Academy Nurse, presented an update:
The report showed that the district has been stable year to year.
The report will be shareable with each campus over the next three (3) years in an easy format.
The report will also show the comparisons with the state averages in grades 3-12.
3. Topics to be discussed at the next meeting will be:
Begin planning for evaluating the local wellness plan
Follow up on total number of campus representatives for completing the Game on: Action for Healthy Kids.
4. Next meeting will be February 11, 2019 at 6:30 p.m. at the ESC