

SHAC – School Health Advisory Council Meeting

Monday, September 28, 2015

6:30 pm Educational Service Center

Minutes

- I. Old Business
 - a. Update on Wellness Policy Change – FFA (local): Amy Hillin provided an update on the Wellness Policy Change – FFA (local) that the Council worked on last year. She highlighted several items that were added to the policy, including items 1 through 5 under Nutrition Education and informed the Council that there is still work to be done.
 - b. FitnessGram Data/BMI Collection by campus: Ms. Hillin reviewed the results of the FitnessGram Data/BMI collection from each campus within the Wylie ISD. She explained to the Council that although the data is incomplete, we are able to identify some trends. One of these trends is that the schools that feed Wylie East High School typically have a high rate of obese and overweight students.
- II. New Business
 - a. Solidify Member for 2015-16 School Year: Ms. Hillin confirmed that all persons present at the meeting intended on continuing as Council Members for the 2015-16 school year. In addition, she motioned that Timla be appointed as the Parent Representative for the 2015-16 school year. The motion was seconded and passed by a unanimous vote.
 - b. Vote on Submission for Wylie ISD Recipe Book Cover Design: Ms. Hillin presented five different designs for the Wylie ISD Recipe Book Cover and the Council voted to use the first design presented for the cover. Additionally, Ms. Hillin invited Council members to attend a sampling of food prepared by the culinary students on October 7th at Pirates Cove. The Council will help to decide which recipes will be entered in the competition.
 - c. Presentation – Grant Halliburton Foundation: Sierra Sanchez provided an informative presentation about the Grant Halliburton Foundation, whose goal is to educate people about adolescent mental health and suicide prevention, encourage those who are struggling and engage the community in making it easier for young people to get the help they need. The Foundation provides many resources including parent education presentations, student education presentations, online support via searchable database, peer support groups for moms, dads and students and electronic brochures. Ms. Sanchez told the Council that suicide is the third leading cause of death among adolescents. No other disease claims more young lives than mental illness.
 - d. Parent Health Education Night for the Fall: After Ms. Sanchez’s presentation, the Council requested that the Parent Health Education Night planned for the fall focus on this subject and include a presentation by The Grant Halliburton Foundation. (\$200 for the parent presentation; \$350 for the student presentation which would be presented 7 times in one day). Ms. Hillin will check the district calendar to schedule this event on a Monday or Tuesday night as requested by the Council.
- III. Next Meeting – Monday, November 9, 2015
 - a. Begin looking at Mental Health /Suicide Prevention Curriculums
 - b. KTK Update and 21 Day Challenge