

SHAC – School Health Advisory Council Meeting

Monday, February 8, 2016

6:30 pm Educational Service Center

Minutes

Amy Hillin called the meeting to order at 6:31pm. She introduced Casey Whittle to the Council. Mr. Whittle replaces Kerry Gain on the Council

I. Old Business

- a. Parent Health Education Night for Fall – Tamla reported that only 25 parents attended the November 30th parent education night at which the Halliburton foundation presented on suicide prevention. Debra Myer attended a Halliburton Foundation presentation geared to students at Lovejoy Jr High School. She found the presentation to be boring and was concerned that it would not hold students' attention. One of the HS Counselors answered questions about the new 411 TIP Line that was recently implemented in the school district which allows students to anonymously report concerns to school administrators. The Council talked about ways to make future parent education nights more successful/well attended. Some suggestions were to offer more lead time, use other venues, better advertising including Skyward and the school marquis and support from the district to get the word out.
- b. Membership for 2015-16 School Year Approved by the School Board – Ms. Hillin reminded the Council that the membership for the Council was approved by the School Board and members must be present for at least 2 meetings in order to vote.
- c. Kid to Kid Update and 21 Day Challenge – Ms. Hillin reported that across the district, an average of 47% of students enrolled in the KTK program. She told the Council that 500 students from Smith Elementary alone signed up for the program, which concludes on February 14. The students that attend AlphaBest have had fruits and vegetables in each snack! Medical City is looking for sustained change and will survey parents 2 weeks after the challenge ends. She reminds the Council the importance of parents' participation and completion of the surveys.
- d. 5th Grade Puberty Video – Original video will continue to be used and Ms. Hillin confirmed with the school nurses that they will be presenting the old video. The video will likely be shown prior to Spring break.

II. New Business

- a. KTK 21 day Challenge – Need Assistance the week after Spring Break with stuffing the rewards packs. Ms. Hillin informed the Council that Medical City asked if they could ship the rewards to WISD Administration so that we could stuff them. She told the Council that the WHS Boys baseball team was volunteered to help with this project. She will send an email to the Council when she has a date to assemble the rewards packets.
- b. Update on Recess Recommendation from FFAC Local –Casey Whittle reported that the School Board came back with a revised recommendation and approved it although it was different from what this Council recommended. The Council only found out about this after Tamla was reviewing the minutes from the last School Board meeting. Kelly, who chairs the PE Subcommittee is encouraged by the ruling because it limits the number of days of recess that can be taken away from a student AND it takes the decision making

away from teachers. Mr. Whittle listened to the Council's healthy feedback and will take it back to the Board for clarification.

- c. FitnessGram Update – The FitnessGram website currently says “Closed for Summer Maintenance” but as soon as the site is up and running, the teachers have been instructed to upload student information immediately.
 - d. Parent Education Night for Spring – Presentation Topics – Ms. Hillin asked the Council if they want to consider the Internet/Anti-pornography safety as the topic for the next parent education night. Her concern is spending \$2,500 in light of the very low attendance at the Fall program. There was a motion to bring back Halliburton for a second presentation and not muddy the waters with multiple topics each year. The Council voted and agreed to bring Halliburton Foundation back for the Spring Parent Education night.
- III. Next Meeting – Monday, April 11, 2016
- a. Continue looking at Mental Health/Suicide Prevention Curriculums