

AGENDA

1. Old Business

- a. Parent Health Education Night for the Fall-Date and Presenter
Halliburton Foundation- November 30th at 6:30-WHS
Flyers to be coming out soon
- b. Membership for 2015-16 School Year approved by the School Board
Need to be present for minimum of 2 meetings for a vote on recommendations

2. New Business

- a. KTK Update and 21 Day Challenge- Medical City Dallas
- b. Discussion and possible recommendation for the 5th grade Puberty Film. Original and revised video can be found at: <http://www.pgschoolprograms.com/programs.php?pid=1>
Scroll down for videos
- c. Discussion and possible recommendation for the approval of the use of the Mental CPR: Save Lives by knowing the Five Signs (Change Direction)
<https://www.knowthefivesigns.org/tools/oc/Bo/KnowTheFiveSigns>
- d. Consideration of the Recess recommendation from FFAC local- Kellye Morton, Principal at Smith Elementary
- e. Presentation on Anti-Pornography Awareness – Heidi Lamarche
<http://www.fightthenewdrug.org/>

3. Next Meeting

- a. Physical Activity and Fitness Planning Sub-committee findings
- b. Continue looking at Mental Health/Suicide Prevention Curriculum
- c. KTK 21 Day Challenge- Begins January 11th

4. Open discussion

Notes:

Texas Education Code 28.004 (1) The local school health advisory council shall consider and make policy recommendations to the district concerning the importance of daily recess for elementary school students. The council must consider research regarding unstructured and undirected play, academic and social development, and the health benefits of daily recess in making the recommendations. The council shall ensure that local community values are reflected in any policy recommendation made to the district under this subsection.

(1-1) The local school health advisory council shall establish a physical activity and fitness planning subcommittee to consider issues relating to student physical activity and fitness and make policy recommendations to increase physical activity and improve fitness among students.