

# Wylie Independent School District

## School Health Advisory Council

September 29, 2014 Minutes

- I. Welcome and Introductions: The meeting began at 6:33. Amy Hillin, District Health Services Coordinator
- II. Agenda Items
  - A. Overview of SHAC Presented by Amy Hillin, it included:
    1. Discussion of Mission, Vision, Legal authority and Purpose of the SHAC.
    2. Explanation of the Coordinated School Health Program.
    3. Presentation of the current Wellness Policy
    4. Presentation of scheduled meeting dates and times for the SHAC to meet
  - B. Presentation by Theresa Johnson, Director of Student Nutrition, and Susan Sargent, Assistant Director of Student Nutrition, of current guidelines from the state and federal level for reimbursable meals and smart snacks. Discussed need for a Food and Nutrition Subcommittee to look at the Wellness policy and potential updates that might be needed. Theresa Johnson asked for volunteers for a Nutrition Subcommittee. Members to be contacted for meetings at a later date.
  - C. Presentation by Ellen White with YMCA Youth Protection. Ms. White spoke to the group about her role with YMCA and her ability to offer parent presentations related to protecting youth from predators.
- III. Action Items
  - A. Nutrition subcommittee will review the current federal guidelines for smart snacks and the former Texas Department of Agriculture guidelines to determine if an adjustment to the WISD wellness policy (FFA) should be made. Subcommittee findings and suggestions will be presented to the entire SHAC group next meeting on November 10, 2014.
  - B. FitnessGram Data will be gathered to look at WISD findings compared to Texas.
  - C. Decide if parent presentation from YMCA might be something SHAC would like to pursue
- IV. Adjournment: Meeting adjourned at 8:10pm