

School Health Advisory Council

Monday, September 30, 2013

6:00 pm Educational Service Center

#### AGENDA

1. Opening remarks: The meeting opened at 6:02 with a welcome and opening remarks by Amy Hillin, MSN, RN, .Health Services Coordinator for Wylie ISD. Each member introduced themselves to the other members of the committee.
2. OLD BUSINESS:
  - A. Amy stated an important goal is to develop depth of leadership and diversification of skills of each of the members so the committee can continue to move forward and be successful. Members were encouraged when they go back to their school campuses to find other PTA members who may be willing to also participate in SHAC perhaps as the Healthy Lifestyle member of PTA. We want to merge many of the goals of the SHAC into the PTA under this category. Timla explained the definition of the Councils of PTA.
  - B. Vince Venditto was scheduled to speak tonight but he had to postpone the talk. He was going to tell us how the recommendations of the SHAC have been incorporated into the YEAR AT A GLANCE document that describes the curriculum plan for 5th- High School. One change is CPR must be taught somewhere between 7<sup>th</sup> - 12<sup>th</sup> grade
  - C. The School board received and approved this year's current membership.
  - D. Amy displayed the last SHAC ANNUAL REPORT TO THE SCHOOL BOARD. The group made slight changes to the document.
  - E. Amy reviewed the SHAC P.E. recommendations. She said it was not on the School Board Agenda as an Action Item, so no vote was taken. Mrs. Shuler explained the process to the group and the group decided to present it again as an action item.
  - F. This year's meeting times and dates were reviewed. The group suggested 6:30 pm is a better time to begin the meeting.
3. New Business:
  - A. Reviewed legislative updates and revisions
    - i. Amy said the last legislative session now requires changes. We need a P.E. Focus Group in the SHAC to review the new legislative rules and make recommendation.
    - ii. Amy explained HB5 and the process the legislature follows for a bill to become a law. HB 5 requires schools to be evaluation on the quality of community engagement at each campus
    - iii. Amy said the District Wellness Policy will be updated and guidance toward implementation should be coming soon. It was last updated in 2009. She said the bulk of our work of the SHAC should be here.

- iv. The law says the school district must have a coordinated approach to school using the eight components. The district has approved the "CATCH" program but it only incorporates 4 components. Amy said the state is now calling for a review of other programs that address the 8 components and then will make recommendations to the districts.
  - B. Presentation By Ronda Sisak RD/LD about Wylie's ISD Health Science Program: Mrs. Sisak describes the class and it's goals. She and her students are planning a community health fair in the spring as part of a class project. She passed out information concerning the fair and asked if the SHAC might be interested in supporting the fair. Amy explained this project would be in line with the requirements of HB 5. The SHAC members then reflected that the fair needs to no low cost. Mrs. Sisak said she does have some grant money to start.
  - C. Parent Information Night/ Discussion of Wylie's new Human Sexuality curriculum. The SHAC still wants this Parent Information Night to happen. The members decided Child Care needs to be provided. Since there are no funds for this, they suggested using students who need community service hours toward graduation. The want one of our own teachers to host the Discussion. Amy said she has 2 individuals in mind and she would ask them for help. The members said it needs good advertisement. It needs to be twice.....one night on the east side of town and once on the west to cover both high school populations.
- 4. Next Meeting: November 11, 2013
  - A. Discuss plans for the Parent Forum Night.
  - B. Pick a chair person for the PE focus group and members to serve in the group to comply with the requirements of HB 1018.
  - C. Listen to Nutrition Update concerning this year's changes to the menu.
- 5. Closure: 7:15 p.m.