

Wylie ISD SHAC

Minutes from November 11, 2013

- I. Introduction: Amy Hillin, Health Coordinator
- II. Old Business:
- III. Ms. Hillin gave an update of the district wide health fair now scheduled for April 12th. The Woman's League will have an egg hunt at 9:00 am and then the Health Fair will begin at 10:00 am. The students from the district Health Sciences Career classes are organizing the health fair. They have chosen the main theme of Childhood Obesity Prevention and developed a logo. The SHAC should have an information booth at the fair and Amy again asked the SHAC members to encourage others to help.
Amy Hillin then introduced Kerry Gain, Curriculum Director, to discuss the roll out of the 6th grade Sexual Health Curriculum from Scott & White.
 - a. Teacher training given to 6th and 7th and HS teachers.
 - b. Curriculum planning done on October 3rd
 - c. 6th grade classes start this week and last 7 days.
 - d. Over 80 parents attended Parent Meeting at Draper with Angela Arp as speaker
 - e. 3 parents who "opted out" of program decided to "opt in" after listening
 - f. Out of 1,100 6th graders, only 20 opted out and will take the Parent Guided Curriculum home and return the lesson assignment back to the science teachers. Home curriculum based on "Let's Talk" portion of lessons.
- IV. New Business:
 - A. P.E Updates:
 1. Mrs. Gain received a grant from the Dallas Ecological Foundation to start a course in Outdoor Education which is Texas approved and already being used in McKinney.
 2. Mr. Jay Jones at Wylie East is teaching it and there are 300 student participants.
 - B. Review of Fitness Gram Data Received Back From the State:
 1. The State of Texas reviewed all of the 2011-2012 school year Fitnessgram data and has classified Harrison and Burnett as "at risk" campuses. This means of the entire amount of children who took the test, 26% had a BMI >95% and 13% had a BMI between 85-95%.
 2. Both campuses will be receiving PE equipment and library books from the office of the Texas State Comptroller's "Reshaping Texas" program and the Texas Library Association to help Texans address the economic effects of obesity.
 3. Each campus has a health related goal in their Campus Improvement Plan.
 - C. More Physical Fitness Updates:

1. The American Heart Association did summer training for the P.E. teachers with their “Be the Beat” program
 2. Last year’s 4th grade Elementary School Track meet was so successful it will be repeated this spring. 5 campuses will be on April 25 and the other 5 will be on May 2
 3. Credit for off campus PE was discussed. This is handled through the Athletic Department. There are a lot of requirements. Ms. Gain suggested we “google” Off Campus P.E.
- D. Reviewing Wylie Health and Wellness Policy.: Ms. Hillin said the law is very broad concerning the requirement for this policy. Each district is allowed to develop their policy based on guidance from the TEA. The Texas School Health Advisory Committee (TSHAC) will be coming out with new guidelines. They are leaning towards the Dallas ISD policy. For homework, we will review the policies from Frisco, Dallas and Plano and compare them to Wylie’s to see if we want to make any revisions. We will discuss it at the next meeting.
- E. New P.E. Focus Group: HB 5 requires more “movement” during school hours. We need to review our current policy. Ms. Charlotte Rose said she would chair this Focus Group.
- V. Closing Remarks: Ms. Hillin said our next meeting is February 10. We will have an update from the Student Nutrition Department. Ms. Hillin has also invited one of the district counselors to update us on mental health issues as they apply to our district. She reminded us to review the other district wellness policies before our next meeting.