

Wylie ISD

School Health Advisory Council

Minutes for February 10, 2014

1. The meeting began at 6:00 p.m.
2. **Old Business:** The upcoming “Community Health Fair” sponsored by the Health Science Students of Wylie ISD was discussed. Ronda Sisak RD/LD , the Health Science Teacher, was unable to attend tonight’s meeting but left a copy of the letter that will be sent to all potential vendors participating in the upcoming Health Fair. Amy Hillin also reminded us that we need to have a booth representing the SHAC. Judy Fitzgerald said she would help sponsor it.
3. **New Business:**
 - a. Mental Health Education update: Kyla Terry, the counselor from Cooper Jr. High, updated the council concerning the management of mental health issues in Wylie ISD. She discussed the training of all staff on the Suicide Outcry Protocol and which staff are involved in risk assessment. Mrs. Terry also explained changes to our Bully Prevention Program. Current complaints of bullying may be received by the counselor, but are no longer managed and tracked by the counselor. Complaints are now sent to the appropriate school administrator who determines appropriate discipline and referral. To promote quality and consistency, a discipline grid/decision protocol is used by all appropriate administrators. Students may then be sent to the counselor for follow up care when properly identified by the administrator.
 - b. Student Nutrition Update: Susan Sargent, RD Assistant Director, explained the school nutrition program will no longer be under the umbrella of the Texas Department of Agriculture, but will be following the USDA nutritional standards. Susan gave the council copies of the current Nutrition Standards for Foods. She said that there is now greater local control so we need to review our current WISD nutrition policies and procedures and she asked the SHAC to help her department do that. Amy Hillin said she would be sending more information to council members in the near future and the next meeting will be dedicated to finalizing nutrition related recommendations to the School Board.
 - c. Wellness and Sexual Health Update for 7th Grade: Kerry Gain, our Director of Curriculum, said the curriculum planning committee met January 23. The Parent Meeting is scheduled for February 24th at McMillan Jr High. Parent letters were mailed on February 12th and a 10 day unit will begin on March 17th.
 - d. House Bill 5 and Health Education update: Kerry Gain stated due to major changes mandated in House Bill 5, Health and Professional communication (speech) classes were dropped as requirements for high school graduation. However, in order to meet TEKS requirements, Mrs. Gain presented her comprehensive K-12 plan for Health Education. Council members were given a copy of that plan that Kerry had already discussed with Elementary principals. She will be convening a curriculum

planning meeting for late February to discuss how the some of the K-4 Health TEKS that are most related to science can be folded into the current curriculum.

- e. Request for Information: Mrs. Gain said we need to find a new video for 5th grade. The current video is “Your Body is Changing” and is inadequate for current needs.

- 4. **Conclusion**: Amy Hillin summarized and stated next meeting will be devoted to the current WISD Wellness policy. The meeting was adjourned at 7:56 p.m.