

SMART SNACKS IN SCHOOL

GUIDANCE FOR SCHOOLS

The Healthy Hunger-Free Kids Act of 2010 directed the USDA to establish nutrition standards for all foods and beverages SOLD to students through parent/student organizations, teachers, booster clubs, school fundraisers, or the Student Nutrition Department on school campus during the school day. These standards for food and beverage sales are in effect from midnight before to 30 minutes after the end of the official school day. These science-based nutrition standards promote a healthy school environment and apply to all foods and beverages sold outside of the reimbursable school nutrition program meals.

HIGHLIGHTS OF THE SMART SNACKS IN SCHOOLS

- Wylie ISD Wellness Policy sets up exemptions to the Smart Snack regulations and the following events are required to be recorded in the 2023-2024 Tracking Tool:
 - 6 days of school-wide fundraising activities
 - Snacks given away during state testing days
- No limits on fundraising events that meet the Smart Snacks standard. In addition, fundraisers that sell non-food items or food/beverages that meet the new standards are not limited under the nutrition standards. There are many healthy fundraising options available to schools, including books and school spirit merchandise.
- Schools decide what can be sold at events outside of the school hours. The nutrition standards do not apply to foods and beverages sold at events held after school (30 minutes after the end of the official school day), off campus, or on weekends, such as school sporting events.

THE DO'S AND THE DON'TS

- All schools, not the Student Nutrition Department, is responsible for keeping accurate documentation of compliance with the Smart Snacks rule.
 - Product labels.
 - Smart Snack Products Calculator result. The link to the Smart Snack Product Calculator can be found in the Wylie ISD Fundraising Request Form.
- All schools are given a School Fundraiser Tool to record any fundraising/celebration events occurs during the school day on school campus that Smart-Snack compliant or non-compliant foods/beverages are sold or given to the students. Schools will need to email the Student Nutrition Department a copy of the 2022-2023 Tracking Tool for record retention.
- High school's coffee bar that sell beverages to students during the school day must meet the nutrition standards: flavored beverage that are labeled to contain ≤ 40 calories per 8 fl. oz, or ≤ 60 calories per 12 fl. oz.
- The Smart Snack Regulations have no impact on the curriculum for culinary education program. Food/menu items prepared and tasted in the culinary program classes do not have to meet Smart Snack if they are not sold. The culinary program may continue to sell any food prepared to adults or the Wylie community during the school day on the school campus and to students outside of the school year. If the culinary program prepares and sells food to students during the school day, Smart Snack nutrition standards do apply to food and/or beverages sold to students.

HAVE ANY QUESTIONS? FEEL FREE TO CONTACT THE STUDENT NUTRITION DEPARTMENT FOR CLARIFICATION.

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