

# Summer Resources

Where to turn this summer if you need help or support.

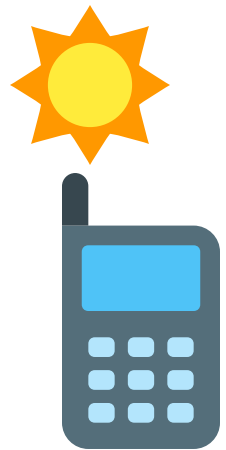
Stress and personal struggles don't always take a summer break. If you experience difficulties over the summer and don't know where to turn, check out the resources below. Whether your family is facing economic hardship, you are struggling with a mental health crisis, or just need something to do, these resources can point you in the right direction!



## Crisis Hotlines

If you or someone you love is having thoughts of suicide, please call the **National Suicide Prevention Lifeline at 1-800-273-8255** or text "hello" to 741741.

The **Texas Youth Helpline (1-800-989-6884)** provides confidential assistance to both parents and teens who are struggling with conflict, stress, family or personal issues.



## Counseling Resources

If you would like more information about mental health topics or need help finding counseling resources in the community, check out these resources from the Wylie High Student Support Advocates.

SSA Website



List of Counselors in our Community



## Wylie ISD Summer Meals

If you and your family are needing meals this summer, Wylie ISD is providing both breakfast and lunch meals throughout the summer. Learn more about this program here.



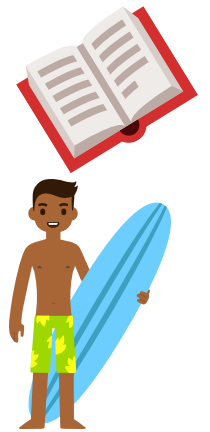
## Boredom Busters

Looking for something to do? Here are some great ideas!

Elementary, Intermediate, Jr. High

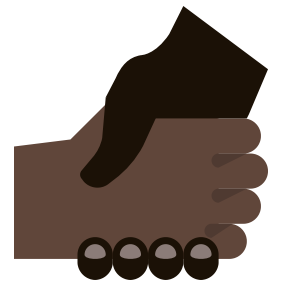


High School



## Community Resources

This Collin County Resource list shares information about community resources for food banks, domestic violence, health services, free laundry/shower, shelters, and other urgent needs.



## Back to School Fair

If you need help with school supplies, uniforms, or immunizations for next year, consider coming to the Wylie ISD Back to School Fair on July 31st. Find more information in English and Spanish here.

