

Dear Parents,

It is our mutual goal to teach and encourage our children to develop nutritious eating habits and make healthy choices. Selecting healthy choices will ultimately help children to develop behaviors that will serve them throughout their lives.

The Student Nutrition Department provides these healthy choices in our breakfast and lunch meals each day. Remind your children that they may select a meal that includes following:

BREAKFAST MEAL

A student **must** select 2 items, one from group A and one from group B, milk is optional. Meal cost @1.25.

EXAMPLE:

Group A is breakfast entrée, such as biscuit and gravy, breakfast pizza, waffles, etc.

Group B is fresh fruit, canned fruit, and fruit juice.

Anything else will be charged as ala carte.

LUNCH MEAL:

There are at least three entrée choices on the menu daily. By offering choices, we encourage students to try a variety of foods. To be considered a **meal**, a student **must** select one entrée one to three sides, (juice is considered a side) and milk is optional. Choice of skim milk, 2% white milk, or fat free chocolate milk.

Example:

1 entrée, two to three sides, with milk optional.

1 entrée, two sides, with milk optional.

1 entrée, one side, and milk.

The meal cost is 2.00 at Elementary and Intermediate 2.25at Jr. High and 2.50at High School. Adults 3:00

Anything else selected will be charged as ala carte.

Side dishes include anything that is not an entrée or milk.

Example: fruit, vegetables, bread, dessert, fresh fruit, and juice.

Each meal is analyzed for the recommended daily allowance.

Each meal served is regulated by the state.

Snacks are charged separately.

1. If you choose to allow your child a snack, you have the option to send cash or add extra money to your child's account.
2. We encourage all snacks to be purchased at time of meal purchase to alleviate longer lines.

Take advantage of the online credit card prepayment option. You can access this on the Wylie ISD website; click on lunch payment online tab.

Prepay meals by putting any amount of money in your child's account. Students may then use the money to purchase any food in the cafeteria. Every student **must** enter his/her ID number whether paying cash or using their account.

Please be sure your student knows his/her

- ID number
- Teachers Name (Elementary)

If you prefer that your student only purchase full meals, please let the manager know and she will mark the account to that effect. Pre-payments in the morning before school or credit card payments help us move the students through the lines much faster; this allows them more time to eat their meal. Students are always notified when their account is getting low. Payment reminders are sent home two times a week; e-mails are sent out weekly. Please pay negative accounts in a timely manner to prevent an alternative meal to be given.

The alternative meal is a cheese sandwich, fresh fruit, carrot sticks, dessert, and milk at Elementary & Intermediate schools.

The alternative meal is a cheese sandwich and milk for Junior High and High School.

Charging is not allowed

Please call or e-mail your school manager with any questions or concerns. (E-mail addresses and phone numbers listed at the Student Nutrition Department website.)

Thank you